

Your All Retirees Newsletter



(Set your clock forward this Sunday, 3/14)

From the President...your President!
(Not the President of the USA!)

So, I've been thinking. Too much idle time creates plenty of "thinking" time. What I've been thinking about is what I'm missing. You know, the things that have been taken for granted in the past and now you might be thinking, "Hey, I miss that."

I think I'm really missing teeth! Yep, teeth. You can't see teeth hidden under a mask and the teeth are a good indication of a smile. A great, big, lips open, teeth showing sign of happiness. I guess I've tried to interpret a toothless smile by looking for squinty eyes. Because, when you smile, your cheeks lift up and make your eyes change their configuration on your face. Try this out by standing in front of a mirror, without your mask, and showing off a big old delightful smile. See! Cheeks went up and your eyes squinted maybe just a little, but just enough to give away a clue that you are smiling even beneath the folds of a mask.

Speaking of "mask," what about that? Do you know there are eight definitions of the Noun "mask" and three for the Verb! Amazing!

Nouns include a face covering worn "as a disguise, or to amuse or terrify other people." YIKES! Also, a covering over the nose and mouth to protect against dust and air pollutants or to protect from infection. A respirator used to filter inhaled air or to supply gas for inhalation. A protective covering over the whole face worn in sports like ice hockey, fencing and others. A cosmetic preparation spread over the face and left for some time to cleanse and improve the skin. A likeness of a person's face in clay or wax, made by taking a mold from the face. A manner of expression that hides one's true character or feelings, a pretense. In photography, a piece of something such as a card, used to cover part of an image that is not required when exposing a print. In electronics a patterned metal film used in the manufacture of microcircuits. In entomology, the enlarged lower lip of a dragonfly larva, which can be extended to seize prey. (Too much, yet?)

I'll leave it up to you to check out the verb usages.

In the end I'm just sharing what I've been thinking, and I hope you have been thinking, too. Keep on thinking, washing your hands and wearing the mask...just not the one for terrifying people!



Send in your dues now, or ask a friend to join. Enjoy monthly programs, and support activities that enhance the lives of San Juan County retirees who receive a pension check from the ERB.

SJAER BOARD

PRESIDENT

Karen Morrison

PRESIDENT ELECT

Jackie Golumbowski

PAST PRESIDENT

Marilyn Montoya

TREASURER

(vacant position)

ASSISTANT TREASURER

Sandy Allred

SECRETARY

Connie Alley

MEMBERSHIP

Phyllis Meier

PROGRAM

Marilyn Montoya

Karen Morrison

PUBLICITY: NEWSLETTER

Trish Murphy

PUBLICITY: WEBSITE

Chuck Culpepper

SUNSHINE

Nancy Tyson

SCHOLARSHIP

Joan Lewis

SOCIAL

Rod Conover

Marlee Conover

SJRM C REPRESENTATIVE

Karen Morrison

2020-2021 MEMBERSHIP FORM

Name _____

Social Security # _____

Address _____

City _____

State _____

County _____

Zip Code _____

Phone # _____

E-Mail Address _____

Birthday _____

Would you like to receive a reminder call before each meeting? NO YES

_____ I hereby authorize the Educational Retirement Board to deduct NMAER **state** dues from my retirement check in the amount of \$2.50 a month. I understand this authorization makes me a continuing member of the association and can be canceled only by a written notice from me.

_____ Already on **automatic state** dues.

_____ \$30.00 enclosed for annual **state** dues.

_____ \$10.00 enclosed for annual **local** dues.

Signature of Retiree

Date

Make checks payable to SJAER

Mail to: SJAER Membership Chair

Phyllis Meier

3305 N. Cochiti

Farmington, NM 87401

(505)-320-7536

(Dues are NOT tax deductible)

Sponsored by _____ **Phyllis Meier**

Unit Sponsored by _____ **San Juan AER**

SJAER Meetings

SJAER meets on the second Tuesday of each month at 11:30 am.

This month, March 9, 2021, will be a Zoom meeting. There are three ways to log into the meeting:

1. Go to our website (SJAER.org), click on the "Meeting Dates and Locations" link, and then click on the "March 9" link.
2. Click on the link below (or copy & paste it into your URL box). Then follow the instructions on the screen:
<https://us02web.zoom.us/j/6767515138?pwd=YjIvRFJFWlh2QVFMWHhzRTBEeFFqZzo9>
3. Log onto the Zoom website.
Meeting ID: 676 751 5138
Passcode: 007008

If you are uncertain how to navigate Zoom, an informative slideshow can be accessed on the SJAER website (SJAER.com) on the home page (just to the right of the SJAER logo).

Each month check your e-mail or the website (<http://www.sjaer.com>) for the latest details concerning location/format of SJAER meetings.



You will experience quite a variety of information at our meetings: from the interesting and important to the inane and trivial! Why not join us this month, and see what March Madness has in store at SJAER?



March Meeting Program

Two guest speakers will grace our Zoom screens this month.

Stephanie Nevarez is a contract diagnostician for the Aztec School District and has previously worked at Farmington High School. She will speak about her experiences working during the pandemic. She is also a world traveler, and will be glad to speak about her travelling adventures.

Terra Rinderie is our NMAER Benefits Representative through AMBA (Association Member Benefits Advisors). She has graciously agreed to give us information about extra retiree benefits that are available to us.

Special request: If you have questions that you can think of ahead of time for either of our guest speakers, please relay those questions to our President Karen Morrison (karemorrr3@gmail.com), so she can send them to Stephanie or Terra. Having some questions in advance will allow them time to compose more thorough answers.



MINUTES

SJAER Executive Board Meeting 2-9-21 A Zoom Meeting

Members present: Karen Morrison, Jackie Golombowski, Connie Alley, Sandy Allred, Chuck Culpepper, Phyllis Meier, Marilyn Montoya, Nancy Tyson, Trish Murphy. and Joan Lewis.

Meeting was called to order by Karen Morrison.

- **Zoom:** Thank you Chuck for setting up our meeting today.
- **Secretary Report:** The 1-12-21 minutes were approved as listed in the YARN.
- **Treasurer report:** The treasurer report was approved as listed in the YARN. We will donate \$100 to our local First Tee organization.
- **Website:** A big thank you goes out to Chuck. He has been working hard for our organization. He has been updating our website and setting up all of our zoom meetings. Our website ratings are calculated by the how many times it is visited. We encourage members and friends to look at SJAER.org weekly or more often.
- **Legislative Report:** Legislative information will be posted on our website.
- **Programs:** Marilyn is still looking for presenters.
- **Volunteer Hours:** Email your number of volunteer hours to Trish.
- **YARN:** Trish did another outstanding job for the YARN. It is sent out to more than 90 people. She will be resigning at the end of this year. She will continue to do our in-remembrance, record volunteer hours, and the events calendar. We will need someone to put together the YARN for next year.
- **2021-2022 Officers:** Please let Karen Morrison know if you are willing to continue serving next year or if you plan on stepping down. As of today, we know we will be needing to fill the Treasurer and Yarn positions. Karen will put together a Nominating Committee.

Next Executive Board meeting: March 9th at 11:00am. The zoom code will be e-mailed to the board members.

MINUTES

SJAER-General Meeting 2-9-2021 A Zoom Meeting

Meeting was called to order by President Karen Morrison.

- A flag was held by Sandy Allred as we said the Pledge of Allegiance.
- 16 people attended the meeting by zoom.
- **Presentation:** Chuck gave a tour of our website. He reviewed how to find the link for attending our meetings by zoom. The house Bills are posted on the site. There are links to our representative if you wish to email them.
- **Donation:** We are donating \$100 to our local First Tee organization, who presented their youth program last month.
- **Scholarship:** Send donations to Joan Lewis 1300 Camino Oro, Farmington, NM 87401.
- **Nominating Committee:** Karen is putting together a committee for 2021-2022 officers. It will consist of 2-3 members. For example, we need a new Editor for the Yarn: Trish Murphy will train you. If you're interested in being on this committee contact Karen at klm3@earthlink.net.

➤ *(Minutes continued on next page)*

➤ (Minutes of 2-9-21 General Meeting, continued from previous page)

- **Volunteer Hours:** Email your volunteer hours to Trish at trishsh@live.com.
- **Health:** Ten people at our meeting have received their 1st COVID vaccine. Only one person has received their 2nd vaccine shot. Some of the elderly may need help knowing where and how to register for the vaccine. They may need help with scheduling their appointment. Talk to your neighbors and help them if they need assistance.
- **Ideas for Presenters:** Phyllis Maestas - Blue Ribbon Schools. Kathy will help make that contact.
- **Suggestions by Members:** If you're looking friends and something to do, you can visit the Caliente Community Chorus on line. If you love walking, consider walking dogs at the animal shelter.

Next General Meeting: March 9th at 11:30am. Connect by clicking on the meeting link at www.SJAER.org.



Financial Report for February 2021



DATE	CK#	EXPLANATION	PURPOSE	EXPENSES	DEPOSIT	BALANCE
		Beginning balance				\$3174.67
02/10/21	3258	First Tee	Donation	100.00		3074.67
		TOTALS		100.00		
		Cash \$70.00				\$3144.67



MARCH BIRTHDAYS	
SHAW, SHEILA D	3/2
MENAPACE, SARAH	3/4
FAULKNER, BETTY SUE	3/6
FLYNN, NORMA J	3/8
ROWELL, VERNA	3/9
CHAVEZ, ROBERT L	3/10
ESTRADA, AIDA S	3/11
MILLER, SYLVIA A	3/20
McDONALD, CAROLINE R	3/23
BARFOOT, GAYLE	3/29
WOODERSON, JUDITH D	3/29
CORCORAN, DENISE	3/31
CULPEPPER, CHUCK	3/31

2020-2021 Membership Report

Month	Auto	NMAER	SJAER
Oct	13	22	40
Nov	2	6	8
Dec	6	1	7
Jan	0	0	1
Feb		1	1
Mar	1		1
Apr			
May			
TOTAL	22	30	58

NMAER Critical Legislation, submitted by Chuck Culpepper, SJAER Legislative Chair

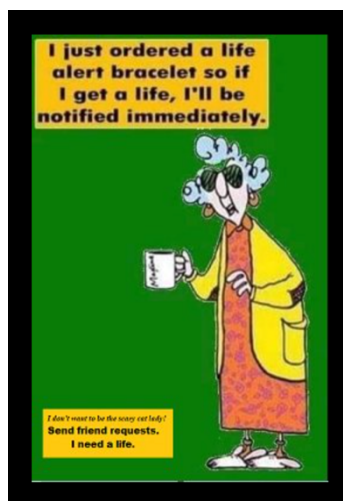
1. **General Budget Appropriation (HB2)**
 1. Approved, unanimously, in House Appropriations and passed the house 60-10.
 2. **Referred to Senate**
1. **Proposal to exempt Social Security from Income Tax (HB49) - Recommend Pass**
 1. Would exempt Social Security from income tax, to become effective on or after 1/1/2021
 2. Received a DO PASS from House Labor, Veterans, and Military Affairs Committee
 3. Received a DO PASS from House Taxation and Revenue Committee
 4. Companion Bill is Senate Bill 78 (SB78)
 5. **Received DO PASS in House Labor. Referred to House Taxation and Revenue.**
 6. **SB78 is the companion bill in the Senate.**
2. **Amends Retiree Health Care Act (SB21) -Recommend Pass**
 1. Amends definitions of active employees, etc. to conform to the Affordable Care Act
 2. Repeals Sections 10-7C-17 through 10-7C-19 NMSA 1978 effective 7/1/2021; repealing
 3. Received a DO PASS from Senate Health and Public Affairs Committee
 4. Scheduled for Senate Finance Committee on February 17
 5. Passed the Senate 31-9. Goes to the House Health and Human Resources Committee on March 3.
 6. **Passed the HHR Committee on 10-0 vote. The next hearing is the House State Government, Elections, and Indian Affairs**
3. **Increases Ed Retirement Contributions (SB42) - Recommend Pass**
 1. Increase Ed Retirement Contributions 1% each year for employees making more than \$24,000 per year. The increase is capped at 15.15% for the employee and 16.15% for the employer.
 2. Received a DO PASS from Senate Education Committee
 3. Awaiting hearing in Senate Finance Committee
 4. Passed the Senate 36-6 and must now go to the House. Referred to House Education Committee, with no hearing scheduled.
 5. Hearing in House Education on March 5, 2021.
 6. **Passed Ed Retirement on a unanimous vote. Now going to House Appropriations and Finance**
4. **Changing Employer Contribution for Group Health Insurance (SB110) - Recommend Pass**
 1. Employer to pay, at least, 80% of health insurance for employees making less than \$15,000 per year
 2. Employer to pay, at least, 75% of health insurance for employees making \$15,001-\$20,000 per year
 3. Employer to pay, at least, 65% of health insurance for employees making \$20,001-\$40,000 per year
 4. Employer to pay, at least, 60% of health insurance for employees making more than \$40,000 per year
 5. **Currently in Senate Education Committee**
5. **Changes Ed Retirement Board Membership (SB303) - Recommend Pass**
 1. **Senate Finance Committee Members - Please contact and urge them to pass this bill on**
 2. Add Secretary of Higher Education (or designee) to the Board
 3. Add one member of American Federation of Teachers to Board
 4. Scheduled in Senate Finance Committee on February 15
 5. **Heard in Senate Education Committee and reported out of committee without a recommendation. Scheduled for Senate Health and Public Affairs on March 1**
6. **Educational Retirees Returning to Work (SB390)**
 1. **Extends the sunset on the Return to Work sunset from 2022 to 2024**
7. **GRT & Permanent Fund for LEDA Projects (HB11)**
 1. This bill would provide a \$200 million grant program for NM businesses damaged by the pandemic.
 2. **Passed the House on a 51-17 vote. and Senate 41-1. Signed by Governor**

On March 2nd, the NMERB Board voted to appoint Rick Scroggins as the Interim Executive Director. The Board also voted to appoint a three person committee to do a national search for a new Executive Director.

Contact my [Legislator](#)

My Job Search

1. My first job was working in an orange juice factory, but I got canned. I couldn't concentrate.
2. Then I worked at a lumber yard as a lumberjack, but I just couldn't hack it, so they gave me the axe .
3. After that, I tried being a tailor, but I wasn't suited for it -- mainly because it was a sew-sew job.
4. My next job was working in a muffler factory, but that was too exhausting.
5. Then I tried being a chef. I figured it would add a little spice to my life, but I couldn't find the thyme for it.
6. I found myself working behind a deli counter. No matter how I sliced it, I couldn't cut the mustard.
7. My favorite job was being a musician, but I wasn't very noteworthy in that profession.
8. I studied a long time to become a doctor, but I realized I didn't have the patience.
9. My next job was in a shoe factory. They said it wasn't a good fit because I wasn't putting my heart and sole into it.
10. I became a commercial fisherman, but I discovered I couldn't live on my net income.
11. I managed to get a job working for a pool maintenance company, but the work was just too draining.
12. I was proud to be hired as a historian, but I realized later that there was no future in it.
13. I found a probationary job at a library, which was quite a novel experience. However, after one month of checking me out, they said my contract would not be renewed.
14. My last job was working at Starbucks, but I quit because it was always the same old grind.
- 15. NOW I'M SETTLED INTO RETIREMENT, AND I FOUND I'M PERFECT FOR THE JOB!**



I just saw on the news that they are suggesting people check in on the elderly.

I am usually up at 6:00 or 6:30.
Bring donuts.





SJAER PROJECTS



Volunteer Hours:

SJAER is affiliated with NMAER, which has a mission to “encourage volunteer opportunities in the community,” and to show government agencies throughout the State the social and monetary value of retirees. Please help us with this endeavor by submitting any hours that you volunteer. Submit your hours to:

trishshsh@live.com

(Please put SJAER in the subject line so it isn't accidentally mistaken for junk mail!)

Please separate the type of volunteering you do between “Regular” volunteering with a service club, community group, or church organization, and “Caregiving” which can even include helping out family, friends and neighbors. You may submit your hours at any time, but it is preferable to submit them monthly, so this monthly chart in the YARN will show our monthly progress. SJAER’s report, due in August for the State Convention, covers the year 08/01/20 to 07/31/21. You may look at your old calendars to submit hours retrospectively. Thank You!

Month	Regular	Caregiving	Total
August	40	82	122
September	40	82	122
October	76	42	118
November	58	82	140
December	60	83	143
January	74	82	156
February	69	80	149
Total	417	533	950

Scholarship:

Spring is in the air! This is the time of year that SJAER works with SJC/UNM to award a scholarship to a local college student (usually a current student teacher). The 2020-2021 Budget has allotted \$500.00 for this, but \$500.00 doesn’t go far these days. If you would like to donate more (strictly voluntary/no pressure!), please write out a check to the scholarship committee chair:

Joan Lewis
1300 Camino Oro
Farmington, NM. 87401

Legislative Political Action

Read the information on page 6 of this YARN. Follow the bills at: <https://www.nmlegis.gov> Contact the appropriate legislators.

“Don’t take your benefits for granted.”
(Russell Goff)

Greeting Cards

Sending a cheerful greeting card to a resident in an assisted living facility will brighten the life of someone who may otherwise be forgotten. We have “adopted” the following facility, and you may address your card as follows:

Namaste House, Resident
800 W. 30th Street
Farmington, NM. 87401

Thank you for your time, effort, generosity, love and care in all these SJAER projects.

SJAER makes a difference in our community! Here are some quotes to make us feel good for all we do.

Volunteers don’t get paid, not because they are worthless, but because they are priceless. (Sherry Anderson)

Volunteers are the only human beings on the face of the earth who reflect this nation’s compassion, unselfish caring, patience, and just plain loving one another. (Erma Bombeck)

Those who can, do. Those who can do more, volunteer. (Author unknown)

How wonderful it is that nobody need wait a single moment before starting to improve the world. (Anne Frank)

COVID-10 Vaccine

SJAER received an email from NMAER concerning the vaccine. They suggest the following information be provided to the SJAER membership.

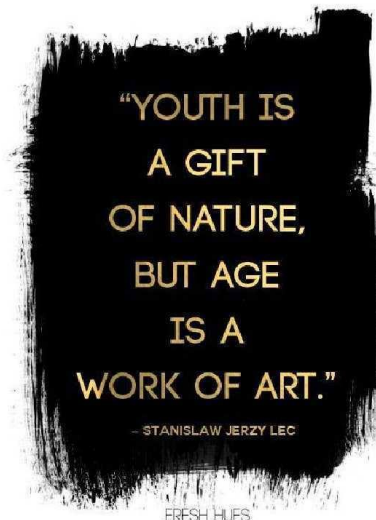
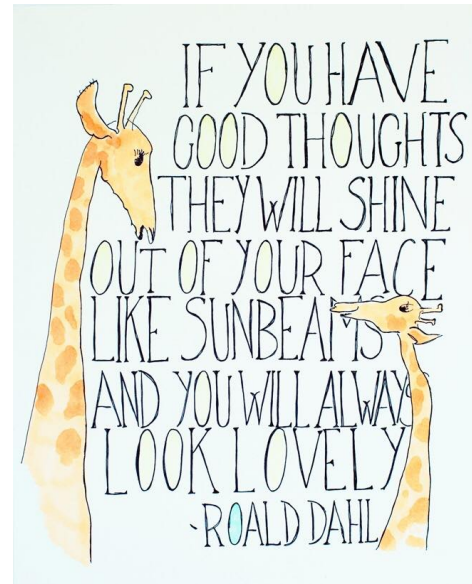
“Everyone needs to decide if they wish to receive the vaccine. You may want to discuss this with your primary care doctor....To register, you may do it either online at: cvs.vaccine.nmhealth.org or by phone at: 1-855-600-3453.”

NMAER suggests that members of our organization help others who may not have Internet access, or may need help even with the phone registration.

They said Walmart, Walgreens and CVS pharmacies are providing vaccines in some communities. Registration is required at all the pharmacies. Some local doctor offices are providing the vaccine as well.

The New Mexico Aging and Long-Term Health Services warns everyone that there may be phone or registration scams. No vaccine service location should ask for your Medicare number or for a fee. If they do, report them to the Aging and Disability Resource Center at: 1-800-432-2080.

Staff at that resource center will also help people with vaccine registration, so if you are helping someone with their registration, you may call: 1-800-432-2080.



In Memoriam, 2020-2021

Lila Mae Archuleta	04/02/2020	Daniel Atencio	10/17/2020
Ronald Maas	05/12/2020	Christine Ann Carter	11/02/2020
Cheryl Maness	05/27/2020	Robert Armendariz	12/22/2020
Millard I. Glass	07/11/2020	Delfin Tito Ulibarri	01/26/2021
Louis Rodriguez	08/02/2020	Mary Steinkamp	01/26/2021
Donita Woolfolk	08/06/2020	Debra L. Serrano Walstedter	02/25/2021
James Williams	08/15/2020	Lee Czajkowski	02/27/2021
Leroy Ransom	10/12/2020		





Date	Day	Time	Event	Location	Cost
3/12	Fri	6:30 pm AND 7:30 pm	AstroFriday: "The Astronomy of Harry Potter". 566-3361; logon website for Zoom access	SJC Planetarium: Zoom	Free
3/13 thru 3/17	Sat thru Wed	10 am to 2 pm	Leprechaun Hunt family event; https://www.fmtn.org/Calendar.aspx?EID=34098 (Prizes not available until St. Patrick's Day)	Multiple Farmington parks	Free
3/17 thru 3/19	Wed	7:00	"Ireland with Michael" live stream; sponsored by Farmington Civic Center; 877-599-3331 or website	Virtual	\$25.00 to \$50.00
3/27	Sat	10 am to 1 pm	Drive thru Easter Party; https://m.facebook.com/events/1354399184914375	Allen Theater on 20 th Str.	?
3/3	Sat	7:00 pm	"Blue Desert Virtual Tour," Delbert Anderson's D'DAT band (and others); approx. 90-min. concert	Online (not sure where)	Free
Ongoing	24/7	24/7	Caliente Community Choir's "Cabaret" (1 ¼ hour of entertainment) and more...	YouTube and Facebook	Free
Ongoing	Thu	6:00 pm	Trivia Night; Each night is a different subject; register on library Event Calendar; https://infoway.evanced.info/signup/	Farmington Library: Zoom	Free
Ongoing	24/7	24/7	Virtual Programs on Demand; online; https://www.youtube.com/channel/UC2CIhGpCkTRTdAH	Farmington Library YouTube Channel	Free

Virtual Activities from AARP: <https://local.aarp.org/virtual-community-center/?tag=entertainment>

IRISH BLESSINGS:

May joy and peace surround you, contentment latch your door,
And happiness be with you, and bless you ever more.

May your blessings outnumber the shamrocks that grow,
And my trouble avoid you wherever you go.



May your neighbors respect you, trouble neglect you,
Angels protect you, and heaven accept you.

Always remember to forget the things that make you sad,
But never forget to remember the things that make you glad.