

Your All Retirees Newsletter



A LETTER FROM THE PRESIDENT

November 2021

Recently I was reading a book of poetry by Joy Harjo, the 2019 United States Poet Laureate. Last year, she was a “Zoom Guest” at San Juan College during a One Book One Community event and had made campus visits a couple times in earlier years. I got to read and discuss her poetry while I was a student in one of Vicki Holmsten’s classes...one of many I have enjoyed, including Writing Your Memoir.

I appreciate the way Harjo combines her life as a Native American Woman and the cultural teachings of her Muscogee (Creek) Nation.

In her most recent memoir, Poet Warrior, Harjo writes “Let go that which burdens you. Let go any acts of unkindness or brutality / From or against you / Let go that which has burdened your family / Your community, your nation / Or disturbed your soul / Let go one breath into another.” These words are powerful and resonate with me...as a prayer or a blessing.

Laura Da’, the Eastern Shawnee poet and teacher who has interviewed Harjo for several publications, explains: “In the Shawnee language the way we greet and ask after one another is written as *wesilaasamamo*, the verb *to breathe*. It means that when we meet each other we are asking ‘How are you breathing?’

Harjo also speaks of the beauty of breathing. “When we take our first breath, it is a promise to take on this human story; a story that has dimension in time and place. Breath is our entrance into story making – it is a promise.” She adds, “Poetry stops us even as it engages us with breath- rhythms which allow the kind of insight that comes with an intake of inspiration and an outtake of that which no longer serves us.”

May I suggest that we all can learn from this explanation of the purpose and meaning behind these words “breath” and “breathing.”

Will we make a promise to let go of those things that burden us? Those that have disturbed our soul?

May we be mindful of the promise in letting go “one breath into another” for the good of us all.

Wishing for you all a month of thanks giving, and a bountiful Thanksgiving.

Karen Morrison
President



Send in your dues now, or ask a friend to join. Enjoy monthly programs, and support activities that enhance the lives of San Juan County retirees who receive a pension check from the ERB.

SJAER BOARD

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2021-2022 MEMBERSHIP FORM

Name _____

Social Security # _____

Address _____

City _____

State _____

County _____

Zip Code _____

Phone # _____

E-Mail Address _____

Birthday _____

Would you like to receive a reminder call before each meeting? NO YES

____ I hereby authorize the Educational Retirement Board to deduct NMAER **state** dues from my retirement check in the amount of \$2.50 a month. I understand this authorization makes me a continuing member of the association and can be canceled only by a written notice from me.

____ Already on **automatic state** dues.

____ \$30.00 enclosed for annual **state** dues.

____ \$10.00 enclosed for annual **local** dues.

Signature of Retiree

Date

Make checks payable to SJAER

Mail to: SJAER Membership Chair

Phyllis Meier

3305 N. Cochiti

Farmington, NM 87401

(505)-320-7536

(Dues are NOT tax deductible)

Sponsored by _____ **Phyllis Meier**

Unit Sponsored by _____ **San Juan AER**

November Guest Speaker

Our guest speaker for Tuesday, November 9 will be Farmington Police Chief, Steve Hebbe who will speak on Farmington's Police Department's Real Time Crime Center and how cameras all over town work to monitor public safety.

The meeting will be at No Worries Sports Bar & Grill at the Farmington Airport.



City of
FARMINGTON



May your stuffing be tasty
May your turkey plump,
May your potatoes and gravy
Have nary a lump.
May your yams be delicious
And your pies take the prize,
And may your Thanksgiving dinner
Stay off your thighs!

~Author Unknown

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SJAER Meetings

SJAER meets on the second Tuesday of each month at 11:30 a.m. Currently, we are meeting in-person! Hooray! The meetings will be 11:30 a.m. at No Worries Bar and Grill located at Farmington Airport. A couple of \$8 or \$10 specials will be available or members can order off the menu.



NOVEMBER BIRTHDAYS

Lewis, Joan T	11/4
Morrison, Karen	11/6
Park, Dana M.	11/8
Sona, Ruth	11/13
Farm, Sharon	11/17
Ricketts, Karen	11/19
Meier, Phyllis	11/22
Ryan, Janel	11/24
Holmsten, Vicki	11/27



"I think you're done. Your little button popped out."

Join or Renew Your Membership



2021/2022 Membership Report

	AUTO	NMAER	SJAER
SEPTEMBER	7	17	25
OCTOBER	9	9	18
NOVEMBER	1	2	5
DECEMBER			
JANUARY			
FEBRUARY			
MARCH			
APRIL			
MAY			
TOTAL	17	28	48

See page 2 for 2021-2022 Membership form.



SJAER Executive Board Meeting 10-13-21

11:00 AM at No Worries

Members present: President-Karen Morrison, Secretary-Connie Alley, Membership-Phyllis Meier, Legislative Rep./Webmaster Chuck & Joanne Culpepper, Programs-Marilyn Montoya, YARN-Debbie Klein, Sunshine-Nancy Tyson, Treasurer-Kathy Martin, and Asst. Treasurer-Sandy Allred. Absent: Vice President-Jackie Golombowski, Scholarship-Joan Lewis

Meeting was called to order by Karen Morrison.

- **President:** Welcome.
- **Lunches:** We will be ordering off the regular menu.
- **Tax Number:** There is no record of a past Tax ID number. Maybe we could get a CPA to fill out the application and file it for us.
- **Secretary report:** The minutes for 9-14-21 are printed in the YARN.
- **Treasurer report:** The monthly financial report is listed in the YARN.
- **Service:** Some of the patients leave the hospital by taxi and have no form of keeping warm until they reach their homes. It would be nice if SAER could donate a few lap size throws to cover their legs as they leave SJRMC. We could sew a few or collect \$5 donations to purchase them.
- **Memoriam:** Contact Trish Murphy with any memoriam information.
- **YARN:** Thank you Debbie Klein for the YARN publication.
- **Programs:** Today's program will be presented by Gail Aspromonte. She will present Haunted Hotel Ghosts of Aztec.

Next Executive meeting: 11:00 AM on November 9th at No Worries

SJAER-GENERAL MEETING 10-13-21

11:30 AM at No Worries

27 people attended the today's meeting.

Meeting was called to order by President Karen Morrison.

- **The Pledge of Allegiance** was led by Sandy Allred.
- **Introductions:** We welcomed new guests.
- **Lunch:** Members ordered off the menu as they arrived.
- **Announcements:** We are collecting \$5 donations to purchase lap blankets for patients leaving the hospital to keep them warm as they wait for a taxi or a ride to show up. You may wish to sew some or buy them yourself to donate. Bring them to one of our meetings and we'll make sure they get to the hospital.
- **Presentation by Gail Aspromonte:** In 1878 Aztec had a simple eight room building with a stagecoach. In 1905 the railroad took the place of the stagecoach. It was located a few blocks southwest of the train depot on Main Street. The American Hotel was built in 1907 on this site. It served meals and had 2 cots for D&RG Railroad workers. Traveling judges, attorneys, and jurors stayed at the hotel. A man was even hung from a tree behind the hotel. In 1947, the hotel's name was changed to the Aztec Hotel. Mabel Lester refurbished the hotel in 1980. It was placed on the National Register of Historic Places in 1985. Gail and John Aspromonte purchased the hotel in the early 1990s and began operating it as Miss Gail's Inn. The Inn is said to be haunted. Gail, her son, and guests have experienced numerous experiences. Gail started restoring it one room at a time. She heard doors closing as she was cleaning and her dog would never go upstairs. There is a couple dressed in Victorian wedding attire, a lady who floats down the stairs, and a cranky old man prefers room 7. There are other haunted buildings in Aztec. The quilt store has a lady ghost who will throw the fabric on the floor if she doesn't like where you put them. The Ghosts of Aztec was cancelled this year due to the rise in COVID. It may be rescheduled next Fall.
- **Door Prize:** Thank you Vangie Begay for the homemade door prize. Kerry Miers won a bowl warmer. Sandy Allred won a wash cloth and scrubby. Marie won a wash cloth and pot holder.

Next General Meeting: 11:30 AM on November 9th at No Worries

Full Financial Report unavailable at this time. SJAER account balance is \$3421.72.



SJAER PROJECTS

If you have ideas for possible meeting programs, please contact Marilyn Montoya (Marilyn_montoya@yahoo.com) or Karen Morrison (klm3@earthlink.net).

If you know of members who have been ill or have experienced the loss of a loved one, please contact Courtesy/Sunshine Chair Nancy Tyson (ntyson@daves-2-little.com). SJAER will send a card.

Take a copy of the YARN and use it to invite a friend to join SJAER.

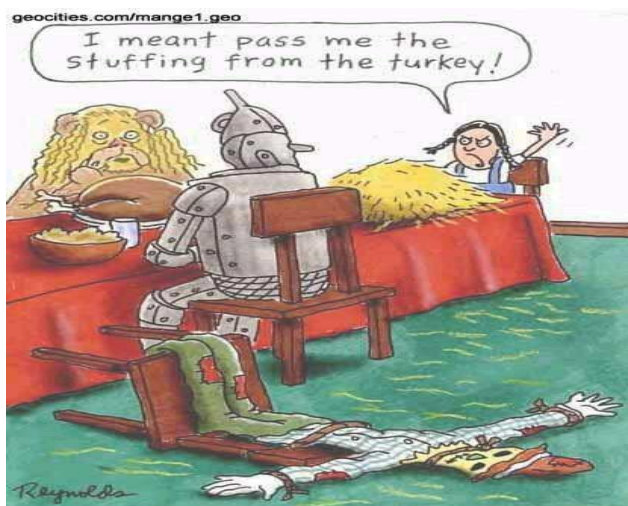
Greeting Cards - Please take time out to send a cheerful greeting card to a resident at Namaste House, a local assisted living facility which we have “adopted” for the time being. You may address your card as follows: Namaste House, Resident 800 W. 30th Street. Farmington, NM. 87401

Lap Blankets - We are collecting \$5 donations to purchase lap blankets for patients leaving the hospital to keep them warm as they wait for a taxi or a ride to show up. You may wish to sew some or buy them yourself to donate. Bring them to one of our meetings and we’ll make sure they get to the hospital.

2021-2022 Meeting Dates and Programs

Dec 14, 2021	TBA
Jan. 11, 2022	TBA
Feb. 8, 2022	TBA
Mar. 8, 2022	TBA
Apr. 12, 2022	TBA
May 10, 2022	Year End Barbeque

Month	Volunteer Hours
September	105
October	132
November	
December	
January	
February	
March	
April	
May	
Total	237



You may submit your volunteer hours at each meeting when you sign in or by emailing them to Trish: trishshsh@live.com



EVENTS

Date	Day	Time	Event	Location	Cost
Nov. 9	Tuesday	6:00pm	Craft Night - 6:00pm - Leather Bracelet	Farmington Library	Free
Nov. 9	Tuesday	7:30pm	American Ballet Theatre Studio Company - Performing masterworks of classical/ neoclassical canons and contemporary works. Tickets - fmtn.org/shows or 505-599-1148	Farmington Civic Center	\$18-\$28
Nov. 11	Wed.	6:00pm	Reel Readers - Casino Royale 2006 - "Dinner and a Movie" - Bring your brown bag dinner	Farmington Library	Free
Ongoing	3 rd Wed.	2:00pm	Genealogy Workshop - Learn about vital information that you need to search genealogy records, and good places to start searching.	Farmington Library	Free
Nov. 12	Friday	6:00pm - 8:00pm	Thanksgiving Potluck - Turkey, mashed potatoes, gravy and drinks will be supplied, bring a favorite side dish to share	Sycamore St. Community Center	Free
Nov. 12 & Ongoing	Friday	5:00-7:00 & Ongoing	Opening reception for new exhibit - Built by Gas 100 years of Commercial Gas in the San Juan Basin	Farmington Museum	\$3.00 donation appreciated
Nov. 18	Thurs. & Fri.	9:30am-6:00pm	Annual Charity Bowl Sale - hand-made, one-of-a-kind ceramic creations made by students to support Tres Rios Habitat for Humanity.	SJC - 9000 meeting rooms	\$10 for bowl with soup
Ongoing	Thurs. - Sat.	10:00AM to 4:00PM	Museum of Navajo Art & Culture - celebrates the vibrant art, culture and history of the Diné (Navajo) people	301 W Main Street	??
Ongoing	Mon. - Sat.	10:00am-5:00pm	<i>Seldom Seen</i> - an exploration of the wonderful diversity of art featuring various mediums	Farmington Museum	Free
Nov. 20	Sat.	7:30pm	Chevel Shepherd Concert - winner of season 15 of "The Voice"	Farmington Civic Center	\$25-\$28
Nov. 20	Sat.	9:00am - 3:00pm	Kelly Green Craft Fair	McGee Park	\$1.00
Nov 27	Sat.	9:00am - 5:00pm	Small Business Saturday & Miracle on Main St. Art Walk, Santa at Orchard Park, kids activities, etc	Downtown Farmington	Free
Nov. 30	Tuesday	11:00am	Take and Make Craft - Cookie Cutter Bird Feeders	Farmington Library	Free
Ongoing	Mon. - Sat.	10:00am - 5:00pm	Durango Photography Show - Representing all levels of skill from beginner to professional	Farmington Museum.	Free
Dec.1 - 5	Wed. - Sun.	All Day	Fundraiser for Presbyterian Medical Services - Auction and raffle of decorated trees	Downtown Businesses	Free
Dec. 2	Thurs.	5:30pm - 7:30pm	Annual Christmas Light Parade	Main Street	Free
Dec. 3	Friday	6:00pm - 9:00pm	Luminarias, carolers, and a live nativity transform the Riverwalk trails and Berg Park	Riverwalk & Berg Park	Free
Dec. 4	Sat.	6:00pm - 11:30pm	San Juan College Luminarias - a phenomenal display of luminarias on the campus grounds and buildings.	San Juan College	Free

FALL WORD SEARCH

Fall Word Search

C U W V B F K S Q S W H A R V E S T H G
 O Y S M A N T A T O U U O G K R P M L E
 A C F D F O O T B A L L W B T Q W O Z B
 S E E Z Z A G E R Y N T U E N I B E X R
 W J P N X T B U W A A P P L E C I D E R
 E A U O A H U D C N U T U U U N C T A Q
 A P R V S A U U R K K P P Z M H R B C T
 T P L E A N N O J Y S R P C U P A G I C
 E L E M J K C A D B E F W K E U K Y M K
 R E A B U S K F Y O P L I O H Z E I Y B
 P S V E L G P H L N T Z H P S J S Q N O
 Q Q E R S I Q A W F E Y E M U W E Q J O
 J N S O M V V C N I M C O Q N R M W K T
 T B M E K I F Z B R B R Y C F K N L J S
 V Y A P N N Q K G E E A V G L U T A A O
 V N R R D G H N A B R U Q T O O N I G V
 C Y A O O P I Q O N H T X F W J Z Y P E
 L C X F E A L T K O E U W Z E S U P P B
 R D E F I D C W K O Q M Z Q R B F Z U S
 D R Q R J O V Z O Y W N C J G R K N E U



CORN
 AUTUMN
 BONFIRE
 BOOTS
 OCTOBER
 RAKE

THANKSGIVING
 HARVEST
 LEAVES
 CARNIVAL
 APPLES
 APPLE CIDER

PUMPKIN
 FOOTBALL
 SWEATER
 NOVEMBER
 SEPTEMBER
 SUNFLOWER



Thanksgiving Trivia



Name _____ Correct Answers _____

1. Who was the chief of the Indian tribe who were invited to the Thanksgiving feast?

- A. Geronimo
- B. Massasoit
- C. Pontiac
- D. Tucumseh

2. What was the name of the ship that transported the pilgrims?

- A. Santa Marie
- B. Pinta
- C. Mayflower
- D. Nina

3. What is the meaning of cornucopia?

- A. God of corn
- B. Horn of plenty
- C. Plenty of corn
- D. Corn Harvest

4. In what year did the first Macy's Thanksgiving parade take place?

- A. 1924
- B. 1927
- C. 1952
- D. 1932

5. The first giant balloon to ever take part in the Macy's Day Parade was _____.

- A. Mickey Mouse
- B. Betty Boop
- C. Felix the Cat
- D. Spiderman

6. Who was the captain of the pilgrim ship?

- A. Christopher Columbus
- B. William Adams
- C. Francis Drake
- D. Christopher Jones

7. The turkey is considered a sacrificial bird in which country?

- A. England
- B. Japan
- C. India
- D. Mexico

8. What is the name of a baby turkey?

- A. Chick
- B. No Name
- C. Poult
- D. Tommies

9. The first department store to hold a Thanksgiving parade was _____.

- A. Gimbels
- B. Macy
- C. J.C. Penny
- D. Montgomery Wards

10. From which tribe were the Indians invited to the Thanksgiving feast?

- A. Cherokee
- B. Chippewa
- C. Wampanoag
- D. Apache

11. In Canada, Thanksgiving is celebrated in what month?

- A. October
- B. December
- C. November
- D. August

12. The first Thanksgiving in 1621 was believed to have lasted how many days?

- A. 2
- B. 3
- C. 5
- D. 7

Answers for Trivia Quiz are available from Debbie for a donation to Scholarship Fund.