

Your All Retirees Newsletter



A LETTER FROM THE PRESIDENT

May 2022

So, we're wrapping up the year and preparing for a sizzling summer...or maybe a blowing, dirt sharing season. Whatever it is we'll enjoy some time away, maybe a long-anticipated vacation, or visits with family from afar, or just getting more books from the library to read on the patio.

I subscribe to a daily story series from Flying Edna with Kai and Fia Skye. A recent post is a good one and I'm sharing it to give you something to think about.

"My grandmother used to plant tomato seedlings in big #10 cans that she got from an Italian restaurant by her house. They were cans of tomato sauce and tomato puree and crushed tomatoes. She always soaked off the labels first before she planted the seeds.

I asked her one time why she did that. 'I don't want them to be anxious about the future,' she said. 'It's not healthy.'

I remember that now and then. Mainly because of the other thing she said after that...

'Just because it's how we use them,' she said, 'doesn't mean that's all they are. Each living thing has reasons you'll never know,' she added. 'Who are we to tell them who they'll be?' "

I'll think about this story when I'm planting my tomatoes The ones I'll buy from Gerald Bond at the FHS green house. It's a Mother's Day tradition!

We're working on another tradition, our year-ending picnic on May 10. Food will be from The Spare Rib and your lunch will be provided by SJAER! While we've enjoyed our time at No Worries, it will be nice to be outside in the fresh air and sunshine. Someone asked me "What if the weather is bad and the wind is blowing dirt everywhere?" I said, jokingly(?) I'll just tell them to fill their plate and eat in their car! Nothing wrong with that strategy, right?

Our picnic will be held at the Kiwanis Park Pavilion on 30th St. Entry is across from Si Señor. We will be in the first pavilion next to the parking lot. Easy access for everyone. Bring your appetite because the menu from The Spare Rib looks like ribs and catfish, potato salad, cole slaw and maybe some cobbler for dessert. Bring your own beverage. There may be water available, too.

I can't wait to see you all!!!
Karen Morrison





Send in your dues now, or ask a friend to join. Enjoy monthly programs, and support activities that enhance the lives of San Juan County retirees who receive a pension check from the ERB.

SJAER BOARD

PRESIDENT

Karen Morrison

VICE PRESIDENT

Jackie Golumbowski

PAST PRESIDENT

Marilyn Montoya

TREASURER

Kathy Martin

ASSISTANT TREASURER

Sandy Allred

SECRETARY

Connie Alley

MEMBERSHIP

Phyllis Meier

PROGRAM

Marilyn Montoya

Karen Morrison

PUBLICITY: NEWSLETTER

Debbie Klein

PUBLICITY: WEBSITE

Chuck Culpepper

SUNSHINE

Nancy Tyson

SCHOLARSHIP

Joan Lewis

SJRM C REPRESENTATIVE

Karen Morrison



2021-2022 MEMBERSHIP FORM

Name _____

Social Security # _____

Address _____

City _____

State _____

County _____

Zip Code _____

Phone # _____

E-Mail Address _____

Birthday _____

Would you like to receive a reminder call before each meeting? NO YES

____ I hereby authorize the Educational Retirement Board to deduct NMAER **state** dues from my retirement check in the amount of \$2.50 a month. I understand this authorization makes me a continuing member of the association and can be canceled only by a written notice from me.

____ Already on **automatic state** dues.

____ \$30.00 enclosed for annual **state** dues.

____ \$10.00 enclosed for annual **local** dues.

Signature of Retiree

Date

Make checks payable to SJAER

Mail to: SJAER Membership Chair

Phyllis Meier

3305 N. Cochiti

Farmington, NM 87401

(505)-320-7536

(Dues are NOT tax deductible)

Sponsored by _____ **Phyllis Meier**

Unit Sponsored by _____ **San Juan AER**

June Guest Speaker

Our guest speakers for Tuesday, May 10 will be "Us!!" No "shushes" and having to be quiet during the speaker's presentation! We will visit, gossip, and share our plans for the summer!

The meeting will be at the 1st pavilion at Kiwanis Park on 20th Street. Entrance across from Si Senior.



**Wouldn't it be great if we
could put ourselves in the
dryer for a short time
and come out
wrinkle free
and
two
sizes
smaller**

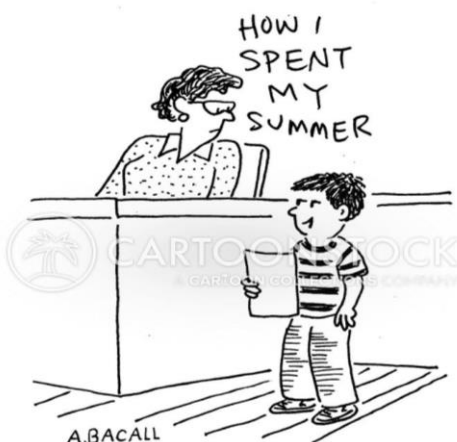


SJAER Meetings

SJAER meets on the second Tuesday of each month at 11:30 a.m. Currently, we are meeting in-person! Hooray! The meetings will be 11:30 a.m. at No Worries Bar and Grill located at Farmington Airport. A couple of \$8 or \$10 specials will be available or members can order off the menu. Our end of year meeting in May will be a catered picnic at Kiwanis Park on 20th Street.



"My wife doesn't let me bring my BlackBerry on vacation. If you need to reach me, call my shellphone."



"I went to summer school and helped a few teachers decide not to teach there next summer."

Join or Renew Your Membership



2021/2022 Membership Report

	AUTO	NMAER	SJAER
SEPTEMBER	7	17	25
OCTOBER	9	9	18
NOVEMBER	1	2	5
DECEMBER	0	0	0
JANUARY	0	0	0
FEBRUARY	0	1	1
MARCH	0	0	0
APRIL	0	0	0
MAY	0	0	0
TOTAL	17	29	49

See page 2 for 2021-2022 Membership form.

SJAER Executive Board Meeting 4-12-22

11:00 AM at No Worries

Executive Members Present: President-Karen Morrison, Vice President-Jackie Golombowski, Secretary-Connie Alley, Membership-Phyllis Meier, Legislative Rep./Webmaster Chuck Culpepper, Programs-Marilyn Montoya, YARN-Debbie Klein, Sunshine-Nancy Tyson, Treasurer-Kathy Martin, and Asst. Treasurer-Sandy Allred. **Absent:** Scholarship-Joan Lewis

Meeting was called to order by Karen Morrison.

- **President:** Welcome.
- **Lunches:** We order off the regular menu.
- **Secretary report:** The minutes for 3-8-22 are printed in the YARN.
- **Business:**
 - Joan Lewis is stepping down as Scholarship board member. We will vote on JoAnn Culpepper as the scholarship board member and James Conyers as our second SJRMC representative/scholarship member.
 - Ballots for Outstanding Members are ready. There have been complaints so we need to develop some guidelines. Committee for developing Guidelines Outstanding Member – Karen Morrison, Connie Alley ... They will meet before nominations are made next year.
 - Plans for the End of the Year Picnic were discussed and are ready to present at the General meeting.
- **Treasurer report:** The monthly financial report is listed in the YARN.
- **YARN:** Thank you Debbie Klein for the YARN publication.
- **Programs:** SJ County 100 Women Who Care

Next Executive meeting: 11:00 AM on May 10th at Civitan Park (Location was changed to Kiwanis Park)

ANOTHER LOOK AT THE SJRMC CORPORATION MEETING by Karen Morrison

Our newest member, Jim Conyers, offered to represent us as a delegate to the hospital corporation. In turn, I asked him to write up the report for the YARN. I don't know what he heard and is reporting on so I'm going to write an "alternate" to his "original."

First, the Fashion Report: Alvin Klein (Debbie's husband) looked dapper in his Hawaiian shirt.

GloJean Todacheenie always stylish in her hat and very cool western boots.

At my table I'm usually sitting with Terri, retired FHS Business teacher. It's good to catch up on District gossip, altho' neither of us know any, so we talk about the food! LOL

The hospital has spent \$5M to purchase the Outpatient Diagnostic Center and Pain Center Clinic on 30th St. Another \$5M for a new, fixed wing Air Ambulance. (Plane)

A recent hospital survey/review on Google asked local folks to post "Strengths" and Weaknesses" for 14 "departments" including Aztec and Durango clinics. From more than 2000 responses, most reviews were positive with strengths being Staff, Patient Relationships and Nursing. Weakness areas mentioned most were Wait Times and Laboratory.

A huge undertaking by Legal Counsel, Anne Eley, was to update/revise the SJRMC Bylaws. Connie Alley, Rebecca Hunter and I know of that tiresome job as we met to revise and update the SJAER Bylaws a couple years ago...or was that last year?

CNO Suzanne Smith was honored in her upcoming retirement after serving 38 years here. Also celebrating milestones: 22 employees with 20 years of service; 9 employees with 25 years; 6 with 30 years; 4 with 35 years and 3 employees with 40 years of service. SJRMC must be a pretty good place to work.

Eleven new doctors and medical professionals were introduced.

The Hospital Auxiliary is celebrating its 70th Anniversary! What a record of service!

Employee scholarships were awarded totaling \$7000 for the Spring Semester.

Teen Volunteer Scholarships amounting to \$10,000 were given. These scholarships are funded from proceeds of Gift Market sales. If you haven't visited our Gift Market you ought to do it and maybe pick up a "gift" for yourself. In sad news the passing of Mary Lou Jacobs at age 87 was noted. Mar Lou volunteered for 47 years and was known to many for her sweet smile.

SJAER-GENERAL MEETING 4-12-22

11:30 AM at No Worries

21 people attended the today's meeting.

Meeting was called to order by President Karen Morrison.

- **Lunch:** Members ordered off the menu as they arrived.
- **The Pledge of Allegiance** was led by Sandy Allred.
- **Prayer** was said by Sandy Bell.
- **Executive Board Officers 2022-2023:** The following board members were voted in...
 1. SJRMC representative – Karen Morrison and James Conyers
 2. Scholarship – Joan Culpepper and James Conyers
 3. Committee for planning our End of Year Picnic next year is still available.
- **Outstanding Member:** Votes were tallied by Kathy Martin and Sandy Alred. **Phyllis Meier** was voted our 2021-2022 Outstanding Member. Congratulations! Thank you for your dedication and all the work you have done for SJAER.
- **Program:** San Juan 100 Women Who Care was presented by heather Holmes and Rita Manchester. It was created in 2019. They have 38 members. They meet 4 times a year. The group's goal is to donate \$100 per member each month. Their mission is to collectively make one large donation to a charity instead of a small individual donation to many charities. Charities are nominated by the members. There are 301 local non-profit organizations at this time. They randomly draw three and then vote for one of them to receive the donation each quarter. The donations have ranged between \$4,000-\$6,000. The winner can only receive one donation every two years to allow others to benefit. For more information you can contact Rita Manchester at Farmers Insurance Manchester Agency (505) 325-7900.
- **How the YARN is Made:**
 - Officers send their reports to Debbie Klein
 - Trish Murphy sends in the volunteer hours and in memoriam
 - Debbie creates the Calendar of Events
 - Debbie edits the material, designs the layout, and sends it to Erin McGinley at FHS
 - Erin's students print and assemble the publication
 - Trish Murphy picks it up to deliver to Karen
 - Phyllis sends e-copies to members
 - Chuck posts the YARN on our website
 - Debbie sends a copy to Russell Goff at NMAER
 - Karen brings them to the meetings
 - Extra YARNs are place at Encore Coffee Shop and Lion's Pool
- **Addition to the Calendar of Events:**
 - Broadway for Brunch presented by Caliente Community Chorus
 - May 7 at 9:00 am and 10:30 am in Piedra Vista School Commons
 - Admission \$15.00
- **Up-Coming Programs:** End of Year Picnic will be at Civitan Park. Food will be provided. Come and celebrate another year well done. (Location changed to Kiwanis Park)
- **Door Prizes:**
 - Mask – Phyllis Meier
 - Gift Bag – Sarah Menapace
 - Easter Eggs, toy and candy filled and hidden by Kiwanis – Dana Park

Next General Meeting: 11:30 AM on May 10th at Civitan Park (Location changed to Kiwanis Park)

SJAER PROJECTS

If you have ideas for possible meeting programs, please contact Marilyn Montoya (Marilyn_montoya@yahoo.com) or Karen Morrison (klm3@earthlink.net).

If you know of members who have been ill or have experienced the loss of a loved one, please contact Courtesy/Sunshine Chair Nancy Tyson (ntyson@dives-2-little.com). SJAER will send a card.

Take a copy of the YARN and use it to invite a friend to join SJAER.

Greeting Cards - Please take time out to send a cheerful greeting card to a resident at Namaste House, a local assisted living facility which we have “adopted” for the time being. You may address your card as follows: Namaste House, Resident 800 W. 30th Street. Farmington, NM. 87401



“I just love how they come individually wrapped to sear in the flavor,”

Volunteer Hours

Month	Volunteer Hours
September	105
October	132
November	57
December	278
January	596
February	297
March	562
April	283
May	
Total	2310



“If it's not a TV show, why do they call it a summer reading program?”



You may submit your volunteer hours at each meeting when you sign in or by emailing them to Trish: trishshsh@live.com

The world is hugged by the faithful arms of volunteers.
~Terri Guillemets
Volunteers do not necessarily have the time; they just have the heart. ~Elizabeth Andrew



In Memoriam, February 2022--April 2022

Name	Date	Name	Date
Mamie Jim	Feb 1	Margaret Carter	Mar 20
Kevin Budai	Feb 4	Noel Paul Pacheco	Mar 21
Henry Todacheeney	Feb 6	Charlotte Curley	Mar 22
Lynn Hurst	Feb 7	William McQueen	Apr 4
Christina Lahti	Mar 10	Lupita Sandoval	Apr 7
Lonna North	Mar 13	Melody Joy Kelly	Apr 11
Robert/Bob Ruchensky	Mar 15	Darlene R. Dobey	Apr 19
Elaine Zobrist	Mar 18		

Always Loved,
Never Forgotten,
Forever Missed

MAY BIRTHDAYS	
BUSCH, LAURA	5/1
POLSTON, LAVELLE	5/1
BURNHAM, ROSALIE	5/5
COY, PAMELA	5/7
HAMBLIN, LAVON	5/11
STANLEY, JANIS NAOMI	5/14
STEFFAN, MARTIN M	5/14
JOHNSON, PATTY LEE	5/16
MURPHY, PATRICIA	5/19
CONYERS, JAMES F	5/24
HUNTER, REBECCA ATENCIO	5/24
CONOVER, MARLEE	5/25
BULLER, BETTYE	5/28



JUNE BIRTHDAYS	
BRENNER, BARBARA	6/7
MEIER, KERRY	6/11
WALLACE, JANA R	6/13
SCRIVER, BILL	6/17
VAZQUEZ, MARQUITA	6/19
HOWEY, NORMAN G.	6/20
MOORE, PATRICIA JUNE	6/21
HOWEY, MARY SUE	6/23
BILLINGSLEY, RUTH A	6/24
STAVELY, JEANNE	6/26

JULY BIRTHDAYS	
PETERSON, PATRICIA	7/1
GONZALES, HELENA	7/5
CONOVER, RODNEY	7/9
MONTOYA, MARILYN	7/9
ALLEY, CONNIE	7/11
BRIMHALL, MAX B	7/11
WEIGAND, EMANUEL	7/13
CHAVEZ, MARIE	7/17
CHRISTENSEN, SUE	7/19
CAYWOOD, VIRGINIA	7/24
POFF, ORAN	7/27
KLEIN, DEBORAH	7/29
McFARLAND, LINDA	7/30

AUGUST BIRTHDAYS	
GOLOMBOWSKI, JACQUINE	8/5
FELKNER, DORIS E HAINES	8/5
REA, JANET	8/7
CULPEPPER, JOANN	8/8
BEASLEY, SHIRLEY	8/9
PULTE, CANDY	8/11
DeWEES, LARRY A	8/12
GNAS, SUE ZAN	8/15
CAYWOOD, JAMES E	8/17
HAMBLIN, NILA	8/22
KAVADAS, JANICE	8/22

Hospital Corporation Report by Jim Conyers

The San Juan Regional Medical Center Commission held its quarterly meeting on Wednesday, April 1 27, 2022 at the Farmington Civic Center at 5:00 pm. It was attended by your representatives Karen Morrison and Jim Conyers. The meeting was conducted by Sam Gonzales the incoming Board Chairman. Various committees gave reports. The financial report stated that the Hospital is economically strong. The Hospital continues to experience challenges in staffing in part due to retirements. Changes and revisions in the By Laws were presented and approved. The Hospital has been in continuous existence for 112 years. The Hospital Auxiliary is very active and is in need of volunteers. Anyone interested in volunteering can call 505-609-6156 or email tbecker@sjrmc.net.



EVENTS

Date	Day	Time	Event	Location	Cost
April 22 May 29	Every Friday Saturday Sunday	Post time 2:15pm	Live Horse Racing - special activities and themes are featured weekly.	Sun Ray Park and Casino	Free
May 12 May 23	Thurs., Fri., Sat., Sun.	Hours vary each day	Frazier Carnival returns to McGee Park. Come out and enjoy rides, games and food. Hours and price vary each day.	MaGee Park	Ticket Prices vary
May 12	Thursday	7:00pm	Tracy Gray Hypnosis Comedy - lively, fun, interactive and family-friendly performance by a master hypnotist.	Henderson Fine Arts Center	Students & Seniors \$10.00 Adults \$12:00
May 13	Friday	7:00pm	Jane Voss & Hoyle Osborne - Aztec Museum summer concert series - musical Americana - country music, blues, folk songs, and songs of the vaudeville stage.	Aztec Museum & Pioneer Village	Free
May 15 Sept 18	Every Sunday	4:00pm 7:00pm	Music in the Shade - wine, food, music, and fun under the shade of the cottonwood trees! Schedule @ farmingtonnm.org/events	Wines of the San Juan	Free
May 20, 21, 27, 28, 29	Friday, Saturday, Sunday	7:30pm 7:30pm 2:30pm	Theater Ensemble Arts presents "The Red Velvet Cake War" - outrageous antics of a family reunion in Sweetgum, Texas.	Farmington High School Theatre	Students & Seniors \$10.00 Adults \$12:00
May 21	Saturday	10:30am	KSJE Zero Mile Fun Run - Not athletic, don't run, want to support KSJE? This event is for you! Pre-registration deadline May 16	SJC Learning Commons Plaza	\$15 for t-shirt & vote for favorite SJC dept.
May 21	Saturday	7:30pm	Artrageous - family-friendly performance, a true interactive experience in ART and MUSIC!	Farmington Civic Center	\$14 - \$18
May 23	Monday	2:00pm	Carnival of the Animals - lighthearted musical composition of fourteen movements by the French composer Camille Saint-Saens - Each animal is introduced with a poem written by Ogden Nash.	Henderson Fine Arts Center	\$5.00
May 27 May 30	Friday - Monday	All Day	San Juan East Rotary Club will host the annual Healing Field flag display, a patriotic tribute to local heroes.	Farmington Boys & Girls Club	Free
May 27 May 29	Friday - Sunday	Hours vary each day	Riverfest - a festival of music, food, activities & entertainment along the Animas river trails Schedule @ farmingtonnm.org/events	Berg & Animas Parks	Free
May 28	Saturday	12:30 - 2:00pm	Recycled Fashion Show - unique fashion show where students are encouraged to use recycled items to make pieces of clothing or accessories to be judged.	Little Pavilion at Berg Park	Free
May 28	Saturday	7:30pm	The Silhouettes - America's premiere shadow-dance company first runner-up and Golden Buzzer winners on America's Got Talent 2011 and 2020.	Farmington Civic Center	\$14 - \$18

