

Your All Retirees Newsletter



A LETTER FROM THE PRESIDENT

September 2022

A Welcome from Your Association

Hello fellow educators!

The year 2021-22 was a good recovery year from our bumpy Covid year, almost getting back to normal meetings with speakers, food, fun, and fellowship. As we begin 2022-2023, we are... soliciting your continuing membership dues to the San Juan Association of Educational Retirees. (SJAER)

Our members are a varied lot as anyone who is receiving a retirement check from the Educational Retirement Board (ERB) is eligible to be a member of our local unit as well as the State organization, NM Association of Educational Retirees (NMAER). Local dues are a mere \$10 for the "school year." The State dues are \$30 which you can pay annually or by deduction of \$2.50 a month from your retirement check. It couldn't be any easier than that.

When you are a paid member, you have many extra benefits not available to others, like travel opportunities, long-term care insurance, and others shown on the State website, www.nmaer.com

SJAER also has a website with much valuable and timely information, including Board Officers, Committee Chairs, the current (and past) editions of our monthly newsletter, The YARN. Find us online at SJAER.ORG

We are busy looking for programs and speakers for the soon-to-be-upon-us 2022-23 year and hope you will join us. We will be looking for you...

Marilyn Montoya,
President





Send in your dues now, or ask a friend to join. Enjoy monthly programs, and support activities that enhance the lives of San Juan County retirees who receive a pension check from the ERB.

SJAER BOARD

PRESIDENT

Marilyn Montoya

VICE PRESIDENT

Karen Morrison

PAST PRESIDENT

Karen Morrison

TREASURER

Kathy Martin

ASSISTANT TREASURER

Sandy Allred

SECRETARY

Connie Alley

MEMBERSHIP

Phyllis Meier

PROGRAMS

Karen Morrison

PUBLICITY: NEWSLETTER

Debbie Klein

PUBLICITY: WEBSITE

Chuck Culpepper

SUNSHINE

Nancy Tyson

SCHOLARSHIP

Jim Conyers

SJRM C REPRESENTATIVES

Karen Morrison

Jim Conyers

2022-2023 MEMBERSHIP FORM

Name _____

Social Security _____

Address _____

City _____

State _____

County _____

Zip Code _____

Phone # _____

E-Mail Address _____

Birthday _____

Would you like to receive a reminder call before each meeting? NO YES

____ I hereby authorize the Educational Retirement Board to deduct NMAER **state** dues from my retirement check in the amount of \$2.50 a month. I understand this authorization makes me a continuing member of the association and can be canceled only by a written notice from me.

____ Already on **automatic state** dues.

____ \$30.00 enclosed for annual **state** dues.

____ \$10.00 enclosed for annual **local** dues.

____ \$5.00 enclosed for **associate** dues.

Signature of Retiree

Date: _____

Make checks payable to SJAER.

Mail to: SJAER Membership Chair, Phyllis Meier, 3305 N. Cochiti, Farmington, NM 87401 (505)-320-7536

(Dues are Not tax deductible)

Sponsored by Phyllis Meier

Unit Sponsored by San Juan AER



September Program

Our program for Tuesday, September 13 is "Let's Get Re-Acquainted" activities directed by Karen Morrison. We will have fun learning about the person sitting across the table. The meeting will be at No Worries Sports Bar & Grill at the Farmington Airport.



SJAER Meetings

SJAER meets on the second Tuesday of each month at 11:30 a.m. The meetings will be at No Worries Bar and Grill located at Farmington Airport. A couple of \$8 or \$10 specials may be available or members can order off the menu when they arrive.



Join or Renew Your Membership



SEPTEMBER BIRTHDAYS	
STEFFAN, SHARON H	9/4
DUNNAHOO, CINDY	9/8
HAMILTON, DELORES	9/11
MISZKIEL, COLLEEN M	9/13
MARTIN, KATHLEEN	9/17
COLLINS, JALENE	9/21
COLLINS, JERRY	9/27



2022/2023 Membership Report

	AUTO	NMAER	SJAER
SEPTEMBER	2	1	4
OCTOBER			
NOVEMBER			
DECEMBER			
JANUARY			
FEBRUARY			
MARCH			
APRIL			
MAY			
TOTAL	2	1	4

See page 2 for 2022-2023 Membership form.

SJAER Executive Board Meeting 8-3-22

11:30 AM at Encore

Executive Members Present: President-Marilyn Montoya, Vice President/Programs-Karen Morrison, Secretary-Connie Alley, Treasurer-Kathy Martin, Asst. Treasurer-Sandy Allred, Membership-Phyllis Meier, Volunteer Hours/Memorium-Trish Murphy, Scholarship/SJRM Rep.-Jim Conyer **Absent:** Legislative Rep.-Chuck Culpepper, YARN-Debbie Klein, Sunshine-Nancy Tyson

Lunches: Preordered meals were served by Encore before the meeting started.

Meeting was called to order by Marilyn Montoya.

- **President:** Welcome and introductions
- **By Laws:** Marilyn has a copy of the Constitution and By Laws that were Adopted 1-12-2021. **They don't need any revisions this year.**

Committee Reports

- **Programs:** Ideas
 - We could have a couple of Superintendents present each month. They could talk about their enrollment, goals, achievements, and events.
 - International teachers i.e.) Phyllis knows Mr. & Mrs. Hayden who taught in China.
- **Treasurer report:** We have \$2,642.42 in our account.
- **Membership:**
 - We had 50 paid members last year. This year we have only 3 paid members as of today.
 - We can use the 2019 membership list (pre-COVID) to reconnect with past members. Marilyn asked Phyllis to e-mail her a copy of that list.
 - Kathy will check on getting an avenue to pay our dues on-line. i.e.) Zello
- **YARN:**
 - We received a letter concerning copywrite issues in the YARN totaling a \$700 fine. Trish will identify which items were at fault. Information will be sent to Chuck to investigate the laws and verify if an infraction was made. Karen will show the letter to the legal representative at the hospital to gather recommendations for our next step.
- **Sunshine:** Nancy needs cards to send out. Please donate any cards you have available.
- **Memorium:** Trish has some names to send in the state (NMAER).
- **Volunteer Hours:** Only one person sent in volunteer hours their summer.
- **Scholarship:**
 - We have \$102.
 - Marilyn suggested putting out a basket for donations to help this fund grow.
 - Jim has a copy of the application. He is working on the guidelines and will present us with a draft when it is ready.
- **Budget**

Based on last year's membership 50 members x \$10 local membership fee = \$500

EXPENSES	2020-2021	Discussion	2021-2022
Meals (Speakers)	300.00	They order off the menu.	0.00
Programs	100.00		100.00
YARN (7 months printing)	200.00	This is a closer amount.	108.00
Membership/Printing/Postage/Supplies	200.00	This is a closer estimate.	50.00
Sunshine (Cards & Stamps)	75.00	Cards donated – board Stamp donation - Karen	0.00
Scholarship	500.00	Remaining amount & donations	vary
State Convention (Travel, Motel, etc.)	0.00	State covers mileage	0.00
May BBQ Potluck (food & supplies)	250.00	Meat. Plates, Utensils	140.00
Website	250.00		100.00
Total	1875.00		498.00

- We can ask members in September if they prefer e-mail or hard copies of the YARN.
- We have \$200 left in meals for speakers from last year. A vote to transfer this amount to scholarship was made. Motioned made by Sandy, 2nd by Connie, Passed by the board.

Food Orders at the General Meetings

- Members can indicate their order as they arrive like last year. Connie will make the form.
- Marilyn will check to see if we can get daily specials for the form.

Message from State

- **Growing Membership:** Our registration form in the YARN was mentioned as an example of ways to reactivate members. Trish's list of activities was another example of ways to perk interest in new members. Karen will see if we can have a booth at the Farmer's Market to grow our membership. Congratulations, we continue to be a highly recognized unit.
- **We Care Grant:** This is a grant for \$50. Marilyn will find out if we can still apply for 2021 and 2022. Our positive qualities are the YARN, zoom meetings, SJAER website, and continued activity through COVID restrictions.
- **State Convention:** The State Convention will be held in Clovis. The state covers your mileage. Marilyn will check to see if attendance is available on-line. She will contact Jana Wallace to see if she will go.

Other

- **Echo Food Bank:** We can collect canned food at each meeting. Sandy will deliver it to them.
- **First General Meeting:** 11:30am on Sept.13 at No Worries.

Next Executive meeting: 10:45am on Sept. 13 at No Worries

Meeting adjourned

The San Juan Regional Hospital Commission Quarterly Meeting Report - July 2022.

Thanks Karen Morrison and Jim Conyers

The San Juan Regional Hospital Commission did not have its regularly scheduled meeting in July due to concerns over Covid. However, a report was issued and highlights are shared below.

Over the last three years SJRMC has implemented over \$57 million worth of capital improvements, therapeutic care, and access opportunities for the local community.

Another \$65 million has been allocated to expand those services even further.

Executive Officer: A nationwide search for the next Chief Executive Officer is being conducted with the goal of hiring someone with the right balance of experience, personal style, community commitment, energy and motivation to build on a successful foundation and lead SJRMC. The Witt Keefer organization is working on having a new CEO by mid-Nov/Dec, 2022.

Kammie Monarch is the new Chief Nursing Officer. She comes from Oklahoma City where she served as CNO of University of Oklahoma Medical Center for 10 years. She is a Masters prepared Registered Nurse with a Juris Doctorate and comes with much experience in healthcare systems.

The Hospital EMS has received the American Heart Association's Mission Lifeline EMS Gold Plus Achievement Award. This is the highest recognition awarded by the AHA to the EMS for implementing quality improvement measures to treat severe heart attacks.

A Nursing Award has been initiated and carries the name of its first awardee: Suzanne Smith Nursing Excellence Award. Suzanne retired after a 38 year career and was recognized in May during Hospital Week. Susan Price and Caleb Blair received the DAISY Award. Susan works in Nursing Professional Development and Caleb works in the Emergency Department. Both rendered special service to patients.

San Juan Regional is now offering walk-in lab draws at all three of its laboratory locations with no scheduled appointments needed. Call 505-609-61610 for locations.

Summer childbirth preparation classes are being held this summer. They are free to the community.

Masks are still required at all hospital facilities and actively screened at each main entrance to protect patients and others. The requirement is strictly enforced. One visitor per day is allowed for Covid patients.

A financial report was also included.

SJAER PROJECTS

If you know of community people, projects, or news that would make an interesting SJAER meeting program, please contact Karen Morrison (klm3@earthlink.net).

If you know of members who have been ill or have experienced the loss of a loved one, please contact Courtesy/Sunshine Chair Nancy Tyson (ntyson@dives-2-little.com). SJAER will send a card.

Take a copy of the YARN and use it to invite a friend to join SJAER.

Greeting Cards

Please take time out to send a cheerful greeting card to a resident at Namaste House, a local assisted living facility which we have “adopted” for the time being. You may address your card as follows: Namaste House, Resident 800 W. 30th Street. Farmington, NM. 87401



In Memoriam 2022-2023



Name	Date	Name	Date
Nell Meize	Sept. 29, 2020	Donald Gene Sofchalk	June 4
David Dean Scroggins	March 16	Betty Ahrens Berry	June 20
Carol Stevenson	April or May?	Mary Lu Brooks	June?
Ruth Burrell	April 26	Joe Dacus Ford	July 11
Eleanor Kelly	April 28	Carolyn Blair	July 14
Jim Tyson Dunlap	May 10	Angelina “Chris” Buyok	July 15
Audrey Glazebrook	May 11	Frances Braff	July 20
Eleanore Sue Natoni	May 12	Paula Jean Bradford	July 24
James Bowra	May 12	Sister Sara Marie Gomez	July 24
Shannon Kae Grider-Porch	May 22	Margaret Anne Metheny	July 30
Elizabeth Williams	May 26	Delbert Gene Dobyns	August 5
Helen Marie Duncan-Hare	May 27	Aileen Jo Johnson	August 13
Lorene Phyllis Hersey	May 27	Beverly Schurman	August 23
Irma Arellano	June 3	Galina Volkova	August 24

SJAER Scholarship Guidelines.

From time to time the San Juan Association of Educational Retirees will often financial assistance in the form of a monetary scholarship to help students meet financial needs during the time they are enrolled in student teaching/field experience.

Eligibility: The scholarship recipient should be enrolled in a student teaching/field experience in a regionally accredited college or university in New Mexico. This should be in a public school in San Juan County, New Mexico. The amount of the scholarship is \$700.

The scholarship is a onetime award and is not subject to renewal.

The scholarship may be awarded in either Spring or Fall semester or both if funds permit.

The decision of the Scholarship Committee is final. The committee consists of the current SJAER President and any other members appointed by the President



MEETING DATES 2022-2023	
No Worries Bar & Grill	
Mark your calendars!	
September 13, 2022	“Get Re-Acquainted” activity - Karen Morrison
October 11, 2022	TBD
November 8, 2022	TBD
December 13, 2022	TBD
January 10, 2023	TBD
February 14, 2023	TBD
March 14, 2023	TBD
April 11, 2023	TBD
May 9, 2023 Location to be announced.	TBD

Thank you to all the members who submitted their volunteer hours for this past year. You did an outstanding job making a difference for our community. The total hours reported was **4,405!** NMAER requested the names of the top five achievers (their names might be announced at the State convention), and so those names are: Debbie Klein, Kathleen Murphy, Marilyn Montoya, Karen Morrison and Kathy Martin.

Month 2021-2022	Volunteer Hours
September	105
October	132
November	57
December	278
January	596
February	297
March	562
April	283
Summer, etc	2095
Total	4405

The new year for submitting volunteer hours begins September 1, 2022 and ends August 31, 2023. There are two ways to submit your hours. If you attend the monthly meetings, enter your hours in the designated space on the sign sheet at the meeting. You may also submit your hours by emailing: trishshsh@live.com at any time. Once you send in your hours, please don't duplicate them in your next report– a running total will be kept until August 31, 2023.

This project of our State organization is one of our signature projects, bringing attention to our legislature the value of retirees in New Mexico. That has helped the legislators know how important we are in contributing (for free!) to the well-being our fellow citizens. Thanks for all you do, and let's keep up the good work this year.



EVENTS

Date	Day	Time	Event	Location	Cost
Sept. 2 – Sept. 23	Ongoing	10:00am 5:00pm	“Symphony of Color” Art Exhibit - paintings and photographs by artists Fran Mayfield, Kathy Myrick and Patrice DeLorenzo.	Henderson Fine Arts Center SJC	Free
Sept. 13	Tues	6:00pm	Reel Readers – <u>Scott Pilgrim vs the World</u> Read the book, watch the movie. Bring brown dinner.	Farmington Library	Free
Sept. 15 & Sept 29	Thurs	3:30pm	Drop-In Tech Help	Farmington Library	Free
Sept. 15	Thurs	6:00pm	Author Visit – Bob Rosebrough – Raised in Farmington, lives in Gallup - <u><i>A Place of Thin Veil: Life and Death in Gallup, New Mexico.</i></u>	Farmington Library	Free
Sept. 16	Friday	7:00pm	Aztec Ruins Lecture - Aaron Lowden, who will be presenting on traditional Southwest food systems,	Aztec Ruins	Free
Sept. 15 Sept. 16 Sept. 17	Thursday Friday Saturday	7:30pm	Godspell 2012 – presented by Heather McGaughey Teen Voices – tells parables of Jesus in a variety of ways and eclectic blend of songs.	Farmington Civic Center	Free
Sept. 17	Saturday	10:00am- 3:00pm	Aztec Painted Pianos in the Park — music, food, vendors, Free admission at Aztec Museum, too!	Minium Park behind Safeway	Free
Sept. 17	Saturday	8:00am- 4:00pm	Antique & Classic Truck Show – Parade at 10:00am on Aztec’s Main Street	Riverside Park Aztec	???
Sept. 17	Saturday	1:00pm- 6:00pm	Cars and Canvases Art Show - Tres Rios Habitat for Humanity car show and artist showcase	Downtown Farmington	Free
Sept. 20	Tues	9:00am - Noon	Computer Basics	Farmington Library	Free
Sept 22	Thurs	6:00pm 7:30pm	Craft Night – Shadow Box - Seating is limited	Farmington Library	Free
Sept. 23 - Sept 25	Friday Saturday Sunday	All Day	Four Corners Balloon Rally – see schedule of events at https://farmingtonnm.org/events/four-corners-balloon-rally	Various locations	Free
Sept. 23	Friday	4:00pm- 8:00pm	Come eat some delicious BBQ and support the Boys & Girls Club of Farmington.	Boys & Girls Club	\$10/plate
Sept. 24	Saturday	9:00am- 4:00pm	Bee Hive Homes Craft Fair - get an early start on your holiday shopping	Bee Hive Homes	Free Admission
Sept. 24	Saturday	8:00pm	See “The Guess Who” on Stage!	Rickets Park	\$10 - \$20
Sept. 29	Thurs	6:00pm	Author Visit – Ramona Emerson – <u><i>Shutter</i></u> - blood-chilling debut set in the Navajo Nation.	Farmington Museum	Free
Oct. 3	Monday	9:00am	YouTube Channel Basics Class - Learn how to navigate through and operate a personal channel on YouTube. Gain skill in YouTube searches.	Farmington Museum	Free
6/3 to 10/28	Thurs	4:30 - dusk	Downtown Makers Market for locally made and grown treasures!	Orchard Park Farmington	Free entrance
Ongoing thru October	Tues. and Sat.	4 - 6:00 8 -Noon	Sale of locally grown produce and land based craft items	Farmington Museum	Free entrance

